



THE MAINSHEET



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www.islandsailingclub.com/newsletter.php

January 2008

The Boat Shows are coming!

A Members' Guide to Boat Show Season

The Island Sailing Club Crew extends our best wishes to all of our members for a wonderful holiday season and a 2008 full of good fortune and fair winds. We've had a great year in 2007 and are looking to the coming year to be even better with sailing excitement for all. To launch 2008 Island Sailing Club will be setting up shop at both the Portland Boat Show (January 5th through 13th) and the Seattle Boat Show (January 24th through February 2nd). Boat Show season means great opportunities all around, public exposure for the club and great deals for our members. Don't miss the boat, these specials mean great savings and they won't be around for long.

Members Only SPECIALS

Specials good at Boat Show booths and all ISC locations through the end of January 2008

- **25% Sailing Class Discount**
25% off ALL classes with purchase of a Boat Show gift certificate
- **Club Membership Renewal**
Renew your membership at the Boat Show and receive 2 additional months free
- **Family Member Discount**
50% off Basic Keelboat classes for family members
- **Private Sailing Instruction**
1 FREE hour of instruction – You pick the topic!

Heart of Sailing Comes to The Portland Boat Show

Island Sailing and Heart of Sailing Partner at the Show, plus meet Miss Oregon!

In special cooperation with Island Sailing Club – the nationally recognized program for developmentally disabled youth – Heart of Sailing will be making a special appearance at the Portland Boat Show. The organization will be set up within the Island Sailing Club booth. There people can learn about the program, understand ways to contribute, or if you are a parent of a child living with autism, down syndrome, or other special needs - how this program is truly beneficial and special. Also, an appearance by Donilee McGinnis Miss Oregon 2006 (supporting the cause) will occur on Saturday, January 12th from 1pm to 3pm.

Heart of Sailing teaches sailing to special needs children as a form of recreational therapy. The charity was founded in 2004 by George Saidah, a successful software entrepreneur who was motivated by his personal experience of a loved one with a cognitive disorder. A sailor for more than 35 years, Saidah dreamed of combining his love of the ocean with service to the community. Since retiring in 2005, Saidah devotes his time to developing Heart of Sailing to create a fun, educational and therapeutic opportunity for children and adults with developmental disabilities.

Although alternative forms of therapy such as art, music therapy, and horseback riding, have become widely accepted in the last few years, sailing is a unique environment for participants. Sailing encourages abstract thought and teamwork, develops problem-solving skills and ultimately helps one learn patience and self-respect.

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(Heart of Sailing, continued from front)

"We find the Heart of Sailing program to be inline with our goals of introducing sailing to everyone of any age or ability – sailing is a great sport and activity for the whole family. We hope everyone attending the Portland Boat Show will drop by and learn more," said DeVaul Henderson of Island Sailing.

Who can join Heart of Sailing? Heart of Sailing will provide services for cognitively impaired and special-needs youths ages 8-18. However, they do not restrict participants based upon age, having participants as young as 3 and others into their 60's. We also gear the program to be family-oriented. At the minimum, each participant must be accompanied by a parent or caregiver and we encourage entire families to register.

For more information visit the web site: www.heartofsailing.org.

2008 Boat Show Details

Boat show season is upon us again and Island Sailing Club is taking the show on the road. ISC Staff members will be manning booths at both Portland and Seattle Boat Shows armed with some great deals for members and non-members alike! Listed below is a rundown of specifics to help you on your way.



Portland Boat Show

www.pdxboatshow.com

Saturday January 5th – Sunday January 13th

Portland Expo Center

2060 North Marine Drive
Portland, Oregon 97217

Admission:

General Admission: \$8.00
Children (12 and under): FREE
Weekday Parking: FREE
Weekend Parking: \$7.00

Hours:

Weekdays: 3pm–9pm
Saturdays: 11am–9pm
Sunday 6th: 11am–6pm
Sunday 13th: 11am–5pm

Miss Oregon Appearance
Saturday 12th: 1pm–3pm

Seattle Boat Show

www.seattleboatshow.com

Thursday January 24th - Saturday February 2nd

Indoor - Qwest Field Event Center

800 Occidental Avenue South
Seattle, Washington 98134

Afloat - Chandler's Cove, South Lake Union

901 Fairview Avenue North
Seattle, WA 98109

Admission:

Adults: \$10.00
Youth (11-17): \$5.00
Children (10 and under): Free
3-Day Flex Pass: \$18.00
E-Tickets available including FREE Parking

Hours:

Saturdays: 10am–8pm **Sunday:** 10am–6pm
Weekdays: Noon–8pm